

THE CHESHIRE

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WORDS: CRAIG HOUGH



Hotel Du Cap-Eden-Roc Turns 150

Hidden away at the Southern-most tip of the Cap d'Antibes, the award-winning Hotel du Cap-Eden-Roc is considered one of the most beautiful properties in the world, and certainly the most glamorous place to stay on the French Riviera. Queen Victoria first visited the French Riviera in 1882, drawn by warmer winters, and took with her a steady stream of English aristocrats, thereby sealing the Riviera's reputation for years to come. As the iconic hotel celebrates its 150th year in 2020, it takes a look back at its origin as a writers' retreat for the creatively spirited. Its location was always a place of great beauty and inspiration, which captured the attention of Auguste de Villemessant, the talented founder of Le Figaro, who realised its potential and built the elegant Villa Soleil in 1870 in the heart of what he deemed 'paradise'.

www.oethercollection.com



The Great Garden Escape

This spring and summer, celebrate all things Somerset as 'The Great Garden Escape to The Newt in Somerset' returns with a host of new experiences and tours. Starting every weekend from 10 April – 27 September, a designated first-class carriage will take guests from London Paddington to Castle Cary on a scenic journey deep into the West Country to discover the UK's most exciting country estate and cultivated gardens. This glorious day trip will include an exclusive tour of the newly opened Story of Gardening – a world-first immersive exploration of gardens and their impact on culture throughout history, as well as traditional workshops ranging from Bee Safaris to Healing Herb sessions. Guests will also enjoy a tour of the estate's beautifully designed gardens, sample the freshest locally grown produce in the Garden Café, sip cyder on a tour of the traditional Cyder Press and feast on delicious meals en-route to The Newt. www.thenewtinsomerset.com



Coolsculpting In Anassa

New for this year, the Thalassa Spa at Anassa has introduced the innovative fat reduction programme CoolSculpting for guests, overseen by Dr. Michael Prager from the Prager clinic in London's exclusive Chelsea. The non-invasive technology uses controlled cooling (Cryolipolysis) to target and kill fat cells; once the fat cells are treated they are gone for good. This can be used on a number of problem areas to get rid of unnecessary fat – with results of up to 25% reduction after one session although a few sessions may be required to reach desired results. Dr. Prager has trained the spa staff up at Anassa, in order to deliver the treatment to the same high standards as in his London clinic.



Remote Polar Regions Adventure

Scott Dunn has seen an increase in the demand for more extreme expedition and adventure travel experiences - from heli-skiing to expert-led trekking in Antarctica. Heli-skiing in Antarctica will become more accessible with the launch of Ultramarine by Quark in 2021, which features two helipads. Guests will be able to get out of their comfort zone, embarking on active, expert-led itineraries such as polar scuba with Greg Mortimer and an exclusive new expedition – White Desert Camp, launching in November 2020, guided by Ben Saunders, the UK's leading polar explorer and the first to lead Scott and Shackleton's route to Antarctica by foot.

www.scottdunn.com



**NEW OPENING
Nobu Hotel Warsaw**

Nobu Hotel Warsaw will open in June 2020, the group's first hotel in Poland. Located in the lively Wilcza neighbourhood, the cultural heart of the Polish capital, just a walk away from the Old Town – the 117-room hotel is set to transform the destination. The signature Nobu Restaurant will be Warsaw's first global chef-led restaurant and a cross-continental design collaboration by Medusa Group and Studio PCH, will make it the city's first, true, design hotel. An existing Art Deco property has been transformed and merged with an ultra-modern new build, juxtaposing contemporary style with traditional architecture, offering sleek and spacious rooms with Japanese inspired design. Guests will also find a Nobu café, state of the art meeting and event spaces and a fitness centre. This opening marks the start of an exciting future for Warsaw, also known as the Phoenix City, with the ever-increasing rise of independent restaurants, shops, art galleries and bars popping up across the city.

www.nobuhotels.com/warsaw

